**Northern Neck Technical Center**

**Nurse Aide Course Calendar 2020-2021**

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| Week | Topics | Assignments | Skills/Competencies |
|  **Welcome to Nurse Aide** **Weeks 1,2,3** **August 17-September 4****\*175.00\*****DUE 9/18**  | * Orientation
* Syllabus
* Canvas Training
* Teambuilding/Icebreakers
* Review of Student Handbook
* Virtual Field Trip to RCC
* Virtual Tour The Orchard

**CPR Certification** | * Complete all required paperwork signed by 9/18
 | Classroom hrs Lab hrs 8 |
| **Unit 1****Weeks 4 &5****September 8-18** | Chapter 1: The Health Care System (pp. 3-14)Chapter 2: The Nursing Assistant’s Job and understanding and respecting client’s rights (pp. 19-38)Chapter 3: Professionalism and Job-Seeking Skills (pp. 43-56)\*legal and regulatory aspects of nurse aides |   Unit Test 1: Chapters 1, 2, & 3 | Classroom Lab 12  8 |
| **Unit 2****Weeks 6 & 7****September 21-October 2** | Chapter 4: Communication and Interpersonal Skills (pp. 60-70)Chapter 5: Those We Care For (pp. 77-90)Chapter 10: Overview of Long TermCare (pp.221-228Chapter 11: The Long Term Care Resident including admission, transfer, and discharge. (pp. 231-242) | Unit Test 2: Chapters 4, 5, 10 & 11  HOSA intro **<http://www.hosa.org/sites/default/files/u3/Hosa%20Round%20Emblem.jpg>** | Classroom Lab 12 4 |
| **Unit 3****Weeks 8&9****October 5-16** |   **Infection Control and Safety**Chapter 13: Infection Control (267-290) Chapter 14: Workplace Safety (pp. 300-315)Chapter 15: Patient and Resident Safety including preventing falls (pp. 320-33Chapter 16: Basic First Aid, Safety and Emergency Care procedures, including dealing with obstructed airways | Unit Test 3: Chapters 13, 14, 15 & 16 | Classroom Lab 6 6 6 6 8 4 |
| **Unit 4****Weeks 12&13****October 19-30** |   **Basic Nursing Skills**Chapter 6: The Patient’s or Resident’s Environment (pp. 94-104) Chapter 19: Bedmaking (pp. 407-414)Chapter 20: Measuring and Recording Vital Signs Height & Weight (pp.421-436) Chapter 27:Assisting With Comfort (pp. 615-619) | Unit Test 4: Chapters 6, 19, 20 & 27 | Classroom Lab 16 8 |
|  **Unit 5****Weeks 14&15** **November 2-13** |  **Personal Care**Chapter 21: Assisting with Hygiene (pp. 455-471)Chapter 23: Assisting With Grooming (pp. 506-518) | Unit Test 5: Chapters 21 & 23 | Classroom Lab 30 24 |
| **Unit 6****Weeks 16&17****November 16-27** | Chapter 24: Assisting With Nutrition (pp. 535-555)Chapter 25: Assisting With Urinary Elimination (pp. 564-580)Chapter 26: Assisting With Bowel Elimination (pp. 594-604) |  Unit Test 6: Chapters 24, 25 & 26Thanksgiving Break Nov. 25-27 | Classroom Lab 6.5 8.25 |
| **Unit 7****Weeks 18&19****November 30-December 11** | Chapter 17: Assisting With Repositioning and Transferring (pp. 359-368)Chapter 18: Assisting With Exercise (pp. 389-393)Chapter 22: Preventing Pressure Ulcers and Assisting with Wound Care (pp. 489-499 |   Unit Test 7: Chapters 17, 18 & 22 | Classroom Lab 6 9.25 |
| **Unit 8****Weeks 20 & 21****December 14-25** | Chapter 12:Caring for People with Dementia (pp.246-263)Chapter 29: Caring for People With Developmental Disabilities (pp. 650-655) |  Unit Test 8: Chapters 12 & 29 Winter Break Dec. 21-Jan. 1 | Classroom Lab 6 |
| **Unit 9****Weeks 22 & 23****January 4-15** |   **Basic Restorative**Chapter 9: Rehabilitation and Restorative Care while promoting client’s independence (pp. 207-213)Chapter 32: Caring for People who are Having Surgery (pp.674-692) |    Unit Test 9: Chapters 9 & 13 | Classroom Lab 12 4 |
| **Unit 10****Weeks 24 & 25****January 18-29** | Chapter 28: Caring for People who are Dying (pp. 632-642)Chapter 30: Caring for People With Cancer (pp.659-664)Chapter 31:Caring for People With HIV/AIDS (pp.667-671)**Mental Health and Substance Abuse**  | Unit Test 10: Chapters 28, 30, 31  | Classroom Lab 12Mental health and opioid abuse Classroom 16 |
|  **February 1-April 2****Spring Break April 4-9****April 12-16** | **State Board Review****State Board Test**Medical TerminologyChapter 33: Caring for People in the Home Environment (pp.694-708)Course wrap up/clean up | **CLINICALS****Skills Labs****Home Care Review** | Classroom Lab 2 |
| **April 19-23 1st Clinical group-completed** **April 26-30 2nd Clinical group-completed****May 3-7 3rd Clinical group-completed****May 8&10-13 4th Clinical group-completed** | **Nurse Aide Skills Labs****&** **CLINICALS****Carrington Place of Tappahannock****7:30a.m.-3:30p.m.** | **State Board Review****State Board Test****Course Completion and Ceremony-May 28, 2021** | Clinical groups:Each day 6:40am-3:30pm=8hrs5 days X 8 hrs – Total 40hrsOne 15min breakOne 30 min Lunch  **MC900310830[1]** |